



MANHATTAN PARK DISTRICT CO-REC FLAG FOOTBALL LEAGUE ROSTER

WAIVER AND RELEASE

The Manhattan Park District is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. The Manhattan Park District continually strives to reduce risks and insists that all participants follow the safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for programs and activities must recognize that there are Inherent risks of injury when choosing to participate in recreational activities and programs. You are solely responsible for determining if you or your minor child/ward is physically fit and/or skilled for the activities or programs contemplated by this agreement. It is always advisable to consult a physician before undertaking any physical activity, especially if the participant is pregnant, disabled in any way or has recently suffered an illness, injury or impairment.

WARNING OF RISK

Recreational activities or programs are intended to challenge and engage the physical, mental and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury when participating in any recreational activity. Understandably, not all hazards and dangers can be foreseen. Depending on the particular activity, participants must understand that certain risks, dangers and Injuries due to inclement weather, slips and falls, poor skill level, conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or officiating, and all other circumstances inherent to indoor and outdoor recreational activities exist. In this regard, it must be recognized that it is impossible for Manhattan Park District or any other cooperative park district to guarantee absolute safety.

WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK

Please read this form carefully and be aware that in registering for and participating in any Manhattan Park District activity or program, or cooperative programs with other park districts, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this program(s), including transportation services and vehicle operations, when provided.

I recognize and acknowledge that there are certain risks of physical injury to participants in these programs and activities, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in these programs against Manhattan Park District or any other cooperative park district, including its officials, agents, independent contractors, volunteers and employees.

PHOTO DISCLAIMER

Registrants and participants permit the taking of photos and videos of their persons and children during Manhattan Park District sponsored activities for publication and use as the park district deems necessary. I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims. If registering via fax, facsimile signature shall substitute for and have the same legal effect as an original form signature.

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