

WINTER PROGRAM GUIDE



2022

HIGHLIGHTS

The Den	1
Holiday Camps	2-3
Adult Leagues	3
Youth Leagues	4
Youth Athletics	5-7
Health & Fitness	8
Dance	9-10
Pre-K & Family	11-12
Youth	12-15
Adult & Teen	15-17



Register online at manhattanparks.org

RENTALS

Looking for a venue for your wedding, birthday party, shower or meeting? The Park District offers indoor and outdoor venues at the Hansen Community Center, Central Park and Round Barn Farm. Field rentals available, too!

Visit manhattanparks.org/rentals for full details and rates for Park District rentals.



DECEMBER 3

5:00 - 10:00 PM
ROUND BARN FARM

Start the holiday season off with a festive evening at the Round Barn Farm! Visit Santa and the Grinch in the Round Barn, meet furry friends in the petting zoo, take a hayrack ride, stroll a luminary story trail courtesy of the Manhattan-Elwood Library, and enjoy the holiday lights at night. Warm up with cookies and cocoa, winter ales, and mulled wine while listening to live holiday music performances. End the night dancing with the Grinch at his dance party! Free! No registration is required.



Age: K-5th Grade

Location: Hansen Community Center

Join The Den, Manhattan Park District's Before and After School Program! The Den is a positive and exciting environment for your children to spend time with friends, work on homework, learn new games and activities, make art and science projects, and play!

The Den's curriculum is rooted in engaging and encouraging growth through positive social interaction, physical movement and activity, and learning through play.

The Den is open to all K-5th grade students in District 114 and begins at 7:00 am and ends at 6 pm. The program takes place at the Hansen Community Center, with Anna McDonald and Wilson Creek students bused to and from the schools through Lincoln-Way Transportation. Flexible installment billing options are available. A \$25 enrollment fee is required for each child enrolled in the Den.

Early dismissal days will be offered for an additional \$10 fee. Holiday break camps will take place at the Hansen Community Center during Thanksgiving, Winter Break and Spring Break with separate enrollment required (see page 2 for holiday camp details).

Visit manhattanparks.org/theden for full details and registration forms, and contact MacKenzie O'Connor at moconnor@manhattanparks.org with questions.

COVID-19 & THE DEN

The Den will follow the most current CDC and State of Illinois COVID guidelines, which may include face masks, social distancing and other practices to keep our staff and students safe while they take part in our program. Full COVID guidelines will be included in the Den Parent Manual and are subject to change as CDC and State Guidelines adjust to the current state of the pandemic.

HOLIDAY CAMPS

Looking for a fun way to spend your holiday breaks? Play your days away in our remodeled classroom at the Hansen Community Center! Each day will feature a new theme, games and activities. Campers will enjoy holiday-themed projects and participate in a variety of indoor and outdoor activities! Explore topics from science to art to sports and more! Please send a nut-free lunch and snacks. Before and after camp care is available! Weather appropriate shoes and coat are required.

Age: K-5th Grade Location: Hansen Community Center

WINTER BREAK CAMP

CLASS #	DATE	DAY	CAMP	TIME	FEE
101600-01	12/20	M	CAMP	9:00 AM-4:00 PM	\$30
101600-02	12/20	M	BEFORE CARE	7:00-9:00 AM	\$8
101600-01	12/20	M	AFTER CARE	4:00-6:00 PM	\$8
101601-01	12/21	T	CAMP	9:00 AM-4:00 PM	\$30
101601-02	12/21	T	BEFORE CARE	7:00-9:00 AM	\$8
101601-03	12/21	T	AFTER CARE	4:00-6:00 PM	\$8
101602-01	12/22	W	CAMP	9:00 AM-4:00 PM	\$30
101602-02	12/22	W	BEFORE CARE	7:00-9:00 AM	\$8
101602-03	12/22	W	AFTER CARE	4:00-6:00 PM	\$8
101603-01	12/23	TH	CAMP	9:00 AM-4:00 PM	\$30
101603-02	12/23	TH	BEFORE CARE	7:00-9:00 AM	\$8
101603-03	12/23	TH	AFTER CARE	4:00-6:00 PM	\$8
101604-01	12/27	M	CAMP	9:00 AM-4:00 PM	\$30
101604-02	12/27	M	BEFORE CARE	7:00-9:00 AM	\$8
101604-03	12/27	M	AFTER CARE	4:00-6:00 PM	\$8
101605-01	12/28	T	CAMP	9:00 AM-4:00 PM	\$30
101605-02	12/28	T	BEFORE CARE	7:00-9:00 AM	\$8
101605-03	12/28	T	AFTER CARE	4:00-6:00 PM	\$8
101606-01	12/29	W	CAMP	9:00 AM-4:00 PM	\$30
101606-02	12/29	W	BEFORE CARE	7:00-9:00 AM	\$8
101606-03	12/29	W	AFTER CARE	4:00-6:00 PM	\$8
101607-01	12/30	TH	CAMP	9:00 AM-4:00 PM	\$30
101607-02	12/30	TH	BEFORE CARE	7:00-9:00 AM	\$8
101607-03	12/30	TH	AFTER CARE	4:00-6:00 PM	\$8



SUMMER CAMP

Summer camp registration is right around the corner! Look for the full details for all of our camps in the Spring-Summer 2022 Program Guide coming in early March.



HOLIDAY CAMPS

SPRING BREAK CAMP

Looking for a fun way to spend your holiday breaks? Play your days away in our newly remodeled classroom at the Hansen Community Center! Each day will feature a new theme, games, and activities. Explore topics from science to art to sports and more! Please send a lunch, snacks, and a water bottle. Weather-appropriate clothing and shoes are required. Before and after camp care is available!

Age: K-5th Grade

Location: Hansen Community Center

CLASS #	DATE	DAY	CAMP	TIME	FEE
101620-01	3/28	M	CAMP	9:00 AM-4:00 PM	\$30
101620-02	3/28	M	BEFORE CARE	7:00-9:00 AM	\$8
101620-03	3/28	M	AFTER CARE	4:00-6:00 PM	\$8
101621-01	3/29	TU	CAMP	9:00 AM-4:00 PM	\$30
101621-02	3/29	TU	BEFORE CARE	7:00-9:00 AM	\$8
101621-03	3/29	TU	AFTER CARE	4:00-6:00 PM	\$8
101622-01	3/30	W	CAMP	9:00 AM-4:00 PM	\$30
101622-02	3/30	W	BEFORE CARE	7:00-9:00 AM	\$8
101622-03	3/30	W	AFTER CARE	4:00-6:00 PM	\$8
101623-01	3/31	TH	CAMP	9:00 AM-4:00 PM	\$30
101623-02	3/31	TH	BEFORE CARE	7:00-9:00 AM	\$8
101623-03	3/31	TH	AFTER CARE	4:00-6:00 PM	\$8
101624-01	4/1	F	CAMP	9:00 AM-4:00 PM	\$30
101624-02	4/1	F	BEFORE CARE	7:00-9:00 AM	\$8
101624-03	4/1	F	AFTER CARE	4:00-6:00 PM	\$8

ADULT LEAGUES

ADULT BASKETBALL LEAGUES

NEW

MPD is joining with Mokena Park District to offer adult basketball! Each team is guaranteed to play 8 games and the number of teams qualifying for the playoffs will be determined by the number of participating teams. Team rosters must consist of at least 5 players and no more than 12 players. Cash prizes for winners of the regular season and playoffs. **Registration deadline: January 10.**

Fee: \$545/team

Time: 7:00-9:00 PM



CLASS #	DIVISION	DATE	DAY	LOCATION
104501-01	Adult Co-Ed	1/21-4/1	F	The Oaks Rec Center
104501-02	Men's 18+	1/17-3/28	M	Mokena Jr High School
104501-03	Men's 30+	1/18-3/29	TU	Mokena Jr High School
104501-04	Women's 18+	1/21-4/1	F	The Oaks Rec Center

SPRING T-BALL LEAGUE

Join our co-ed instructional T-ball league for players ages 4-6! This league will teach the fundamentals to inspire all young players and develop the next level of baseball and softball skills. Practices will begin in April, followed by 8 weeks of games scheduled to begin the last week of April and end in late June. All players will receive a shirt and an end-of-season medal. Players need to bring their own gloves and adhere to all COVID guidelines. Volunteer coaches are needed! For more information or to volunteer to coach, contact jkaplan@manhattanparks.org.

Registration deadline is March 1.

Age: 4-6 years

Location: MPD Athletic Complex

CLASS #	R/NR
204102-01	\$70/\$75

SPRING BASEBALL LEAGUE

We are excited to join Elwood and Wilmington again this Spring for the 2nd season of the Route 66 League for youth co-ed spring baseball! Team practices will begin in early April followed by 6-8 weeks of gameplay beginning in late April and ending in late June. Games will be played in Manhattan, Elwood, and Wilmington. Volunteer coaches are needed! For more information or to volunteer to coach, contact jkaplan@manhattanparks.org.

Players should register based on their age as of Aug 31st, 2022. Player evaluations will be held on March 12. **Registration deadline is March 1.**

Location: Central Park/Round Barn Farm

CLASS #	DIVISION	R/NR
204101-01	Pinto (7-8)	\$140/\$145
204101-02	Mustang (9-10)	\$140/\$145
204101-03	Bronco (11-12)	\$140/\$145

MAVERICKS SOCCER LEAGUE

We are excited to be joining the Mokena Park District again this spring for another great season of soccer! This recreational league focuses on teaching fundamental skills to beginner and novice youth players ages 4yrs-6th Grade. Utilizing small-sided games, this program is designed to maximize opportunities for touches on the ball and active playing time for each player, both of which are key to overall player development. Team practices will begin in April, followed by 6-8 weeks of games beginning late April and ending in late June. Games will be played in Manhattan and Mokena. Volunteer coaches are needed! For more information or to volunteer to coach, contact jkaplan@manhattanparks.org.

Registration deadline is March 1. Player evaluations will be held on March 13.

Location: MPD Athletic Complex

CLASS #	AGE	R/NR
204103-01	PREK	\$75/\$80
204103-02	GRADE 1-3	\$100/\$105
204103-03	GRADE 4-6	\$100/\$105

VOLUNTEER COACHES & TEAM SPONSORS NEEDED!

CONTACT JAKE FOR DETAILS AT JKAPLAN@MANHATTANPARKS.ORG.



PEE WEE MULTI-SPORT

This parent and tot class will introduce young children to a variety of sports through fun and engaging drills and games emphasizing balance, body movement, hand-eye coordination, listening and following directions. Participants should wear comfortable clothes, athletic shoes and should bring a water bottle with them to each class. Parents must attend with their children. Choose from multi-week or single-day sessions.

Age: 3-5 years



CLASS #	DATE	DAY	TIME	LOCATION	R/NR
105108-01	1/13-2/10	TH	9:30-10:15 AM	HCC Market	\$30/\$35
105108-02	2/24-3/24	TH	9:30-10:15 AM	HCC Market	\$30/\$35
105108-03	1/15-2/12	SA	10:00-10:45 AM	Anna McDonald Gym	\$30/\$35
105108-04	2/26-3/26	SA	10:00-10:45 AM	Anna McDonald Gym	\$30/\$35
105108-05	3/28	M	10:00-10:45 AM	HCC Market	\$8
105108-06	3/30	W	10:00-10:45 AM	HCC Market	\$8
105108-07	4/1	F	10:00-10:45 AM	HCC Market	\$8

YOUTH MULTI-SPORT

This class will introduce young children to a variety of sports through fun and engaging drills and games emphasizing balance, body movement, hand-eye coordination, listening and following directions. Participants should wear comfortable clothes, athletic shoes and should bring a water bottle to each class.

Age: 6-12 years Day: SA
Time: 11-11:45 AM
Location: Anna McDonald Gym

CLASS #	DATE	R/NR
105109-01	1/15-2/12	\$30/\$35
105109-02	2/26-3/26	\$30/\$35

BEGINNING ARCHERY



Whether you are new or an experienced archer, come out and enjoy 4 sessions of archery fun. Students will learn safety, proper technique and form, range procedures, and etiquette. There will be lots of shooting in each session, with challenges and fun competition mixed in. The staff at BowDoc Archery are USA Archery certified coaches. BowDoc Archery will supply all of the necessary equipment for this class. Closed-toed shoes required.

Age: 8-17 years Day: TU R/NR: \$75/\$80
Location: BowDoc Archery- Mokena

CLASS #	DATE	TIME
105126-01	1/4-1/25	7:00-8:00 PM



Watch for our Winter Pop-up Programs! Possible programs include Snow Day, Pollywogs Playgroup, and more!

Follow us on Facebook and Instagram for Pop-up Program announcements and registration info.



@ManhattanParkDistrict



/ManhattanParks

FLOOR HOCKEY

The floor hockey program is designed for the beginner and intermediate player. MPD coaches will assist players in developing fundamental hockey skills, such as stick handling, passing, and shooting, through a variety of drills and games. Participants should wear athletic clothing and gym shoes and bring a water bottle to each class.



CLASS #	AGE	DATE	DAY	TIME	LOCATION	R/NR
105112-01	7-12	1/15-2/12	SA	12:15-1:15 PM	ANNA MAC GYM	\$40/\$45
105112-02	7-12	2/26-3/26	SA	12:15-1:15 PM	ANNA MAC GYM	\$40/\$45
105112-03	4-6	1/12-2/9	W	6:00-6:45 PM	HCC MARKET	\$30/\$35
105112-04	4-6	2/23-3/23	W	6:00-6:45 PM	HCC MARKET	\$30/\$35

GYM RATS



Just because it's too cold to play outside, doesn't mean we still can't be active and play the games we love! Join us for our new Gym Rats program, a great opportunity for your child to gather with their friends and play an organized pick-up game of various sports. Each class we will play a different game, choosing from basketball, floor hockey, dodgeball, or flag football. Participants should wear comfortable active clothes, gym shoes, and bring a water bottle.

Age: 8-12 years Day: F
Time: 5:30-6:30 PM R/NR: \$8
Location: Anna McDonald Gym

CLASS #	SPORT	DATE
105107-01	Basketball	1/14
105107-02	Floor Hockey	1/21
105107-03	Dodgeball	1/28
105107-04	Flag Football	2/4
105107-05	Basketball	2/11
105107-06	Floor Hockey	2/25
105107-07	Dodgeball	3/4
105107-08	Flag Football	3/11
105107-09	Basketball	3/18
105107-10	Floor Hockey	3/25

ELEMENTARY GOLF

This class teaches students the proper golf setup, swing fundamentals, and the game's basic etiquette in a fun environment that encourages kids to give it a try. PGA Professionals will teach game techniques such as swinging, putting, stance, and game rules. All equipment will be provided, feel free to bring your own clubs if you have them.

Age: 6-12 years Day: W
Time: 6:00-7:00 PM
Location: Anna McDonald Gym

CLASS #	DATE	R/NR
105106-01	1/12-2/9	\$150/\$155
105106-02	2/23-3/23	\$150/\$155



KARATE

Learn karate with Sensei Peggy Mitchell, a nationally and internationally certified martial arts instructor with a master's rank. Karate is an art of self-defense, where discipline and self-control are emphasized. This class touches on Jiu Jitsu, Taekwondo and Goju. Progression from one belt to the next is determined by training hours as well as performance. Please bring a water bottle to class.

Age: 4 & up Day: TU
Instructor: Peggy Mitchell
Location: HCC Villa R/NR: \$30/\$35

CLASS #	LEVEL	DATE	TIME
105110-01	Beginner	1/11-2/8	6:00-7:00 PM
105110-02	Beginner	2/22-3/22	6:00-7:00 PM
105110-03	Advanced	1/11-2/8	7:00-8:00 PM
105110-04	Advanced	2/22-3/22	7:00-8:00 PM



WINTER BASEBALL CAMP

NEW

Spring training is right around the corner! Get your child ready for the upcoming Baseball season with this winter tune-up that teaches the fundamentals of fielding, catching, throwing, hitting, and baserunning. Prepare for the upcoming season and make new friends with this great winter program! Parents must attend class with their 4-6 year-olds.

Day: TU Location: Anna McDonald Gym

CLASS #	AGE	DATE	TIME	R/NR
105113-01	4-6 YEARS	1/11-2/8	6:00-6:45 PM	\$35/\$40
105113-02	4-6 YEARS	2/22-3/22	6:00-6:45 PM	\$35/\$40
105113-03	7-12 YEARS	1/11-2/8	7:00-8:00 PM	\$40/\$45
105113-04	7-12 YEARS	2/22-3/22	7:00-8:00 PM	\$40/\$45

WINTER SOCCER CAMP

NEW

Get off on the right foot for the spring season with this great program for both beginners and experienced players. Focusing on dribbling, passing, shooting, and ball control, this class will work on fundamental skills to get ready for the upcoming season. Parents must accompany their 4-6 year olds.

Day: TH Location: Anna McDonald Gym

CLASS #	AGE	DATE	TIME	R/NR
105114-01	4-6 YEARS	1/13-2/10	6:00-6:45 PM	\$35/\$40
105114-02	4-6 YEARS	2/24-3/24	6:00-6:45 PM	\$35/\$40
105114-03	7-12 YEARS	1/13-2/10	7:00-8:00 PM	\$40/\$45
105114-04	7-12 YEARS	2/24-3/24	7:00-8:00 PM	\$40/\$45

PILATES

Participants will work all parts of the core through classical Pilates mat-work conditioning techniques and progressions. This class can be adjusted to fit any fitness level or even during injury recovery. Please bring a mat and wear comfortable clothing to class. Walk-ins welcome - \$11. No class 1/18.

Age: 16 & up Day: TU
R/NR: \$32/\$37
Location: HCC Market Studio
Instructor: Jenn Raleigh

CLASS #	DATE	TIME
106506-01	1/11-2/8	7:45-8:45P
106506-02	3/1-3/22	7:45-8:45P

YOGA

Students will gain strength, flexibility, focus, and stamina through active Vinyasa flows and postures in this practice. Each participant will be encouraged to move to their own rhythm and breathe throughout each class. Please bring a sticky mat and water to each class. Walk-ins welcome - \$11. No class 1/17.

Ages 16 & up R/NR: \$32/\$37
Instructor: Jenn Raleigh Day: M
Location: HCC Market Studio

CLASS #	DATE	TIME
106500-01	1/10-2/7	7:30-8:30P
106500-02	2/28-3/21	7:30-8:30P



MOMMY & ME FITNESS FUN



Rise and shine with this great group fitness class that will have you and your little one dancing and moving and working up a sweat together! This parent/tot class incorporates various movements, motions, and music that will keep your child's attention and have both of you working up a sweat in no time! On school holidays, bring your other little ones to join the fun! When registering, please register the child(ren) you plan on attending with.

Age: 2-5 w/adult Day: TH
R/NR: \$55/\$60 Location: HCC Villa
Instructor: Carissa Pavlik

CLASS #	DATE	TIME
106101-01	1/6-2/10	10-10:45 AM
106101-02	2/17-3/24	10-10:45 AM

WERQ DANCE FITNESS

WERQ is a fiercely fun dance fitness class based on pop, rock, and hip-hop music. The warm-up previews the dance steps in class and the cool-down combines yoga-inspired static stretching and balance poses. WERQ is taught by Certified Fitness Professionals, so the WERQ-out is safe and effective. Please bring a water bottle and towel to class. Walk-ins welcome - \$10. No class 3/18.

Age: 16 & up Day: F Time: 6:00-7:00 pm
Instructor: Carissa Pavlik Location: HCC Market Studio

CLASS #	DATE	TOPIC	R/NR
106504-01	1/7-2/11	WERQ Dance Fitness	\$55/\$60
106504-02	2/18-3/25	WERQ Dance Fitness	\$45/\$50

DANCE



BEGINNING DANCE

Young dancers will get a taste of ballet and other dance forms through play-based and formal exercises in this 30-minute class. Each class will feature basic steps and ways to move across the floor, short choreography combinations, and a movement game. Dancers must be toilet-trained prior to class registration. Please bring a water bottle to each class. No Class 2/21, 2/22, 3/28, and 3/29.

Age: 3-5 years R/NR: \$66/\$71 Instructor: Jenn Raleigh

CLASS #	DATE	DAY	TIME
107111-01	2/14-4/18	M	4:30-5:00 PM
107111-02	2/14-4/18	M	5:55-6:25 PM
107111-03	2/15-4/19	TU	4:30-5:00 PM

**All dance
programs meet
in the HCC
Market Studio.**

BALLET MODERN JAZZ COMBO

Young dancers will get a taste of all dance styles and techniques in this class. Dancers are encouraged to maintain their skills and to have fun as we learn steps and choreography at the ballet barre, across the floor, and in the center. This class is open to new and continuing dancers. Please bring a water bottle and wear comfortable clothing and bare feet, grippy socks, dance shoes or gym shoes to class. No Class 2/21 and 3/28

Age: 6-7 years Day: M
R/NR: \$76/\$81 Instructor: Jenn Raleigh

CLASS #	DATE	TIME
107100-01	2/14-4/18	5:05-5:50 PM

BALLET TECHNIQUE

Dancers will be immersed in ballet steps, positions, jumps, and traveling combinations in this 45-minute class. Participants develop good posture, grace, strength, and fluidity through this work, as well as coordination and self-esteem! Please bring a water bottle and wear comfortable clothing and bare feet, grippy socks, dance shoes, or gym shoes to class. No Class 2/22 and 3/29.

Age: 6 & up Day: TU R/NR: \$76/\$81
Instructor: Jenn Raleigh

CLASS #	DATE	TIME
107101-01	2/15-4/19	5:05-5:50 PM

MODERN JAZZ TECHNIQUE

Dancers will find their groove through informal warm-up dances, repetitive steps, and choreography combinations. Song requests will be taken each week as we learn formal modern and jazz dance elements! Please bring a water bottle and wear comfortable clothing and bare feet, grippy socks, dance shoes, or gym shoes to class. No Class 2/22 and 3/29.

Age: 7 & up R/NR: \$76/\$81 Day: TU Instructor: Jenn Raleigh

CLASS #	DATE	TIME
107102-01	2/15-4/19	5:55-6:40 PM

HIP HOP

Break, pop, lock and moonwalk your way into learning hip-hop steps and choreography. Dancers will learn fun street vibe dances set to songs they will choose throughout the session! Please bring a water bottle to class and wear comfortable clothing and gym shoes. Participants will be asked to adhere to safe social distancing. No Class 2/21, 2/22, 3/28, and 3/29.

R/NR: \$76/\$81 Instructor: Jenn Raleigh

CLASS #	AGE	DATE	DAY	TIME
107103-01	7-9 YEARS	2/14-4/18	M	6:30-7:15 PM
107103-02	10 & UP	2/15-4/19	TU	6:45-7:30 PM

RECITAL: MPD Dance Academy programs culminate in an annual recital on Sunday, April 24, 2022 (mandatory rehearsal on Thursday, April 21, 2022). Dancers must be registered and participate in Fall Session II and Winter Session I to participate in the recital. Additional fees for the recital and costumes will be assessed in the late fall/winter.

IRISH DANCE

Irish dancing is an art form that children love to learn. Boys and girls will discover the basics of Irish Dance, learning the proper techniques of movement set to the rhythm of Irish music. They will not only learn new steps, but they will make life-long friends in the process. Program attire consists of basic dance shoes and flexible clothing. No Class 11/24. The Irish Dance program does not take part in the annual recital, but instead performs at Irish Fest.

Day: W R/NR: \$50/\$55

Instructor: Sullivan School of Irish Dance

CLASS #	AGE	DATE	TIME
107130-01	4-6 YEARS	1/12-2/16	4:00-4:30 PM
107130-02	4-6 YEARS	3/9-4/20	4:00-4:30 PM
107130-03	4-6 YEARS	4/27-6/1	4:00-4:30 PM
107130-04	7-18 YEARS	1/12-2/16	4:45-5:15 PM
107130-05	7-18 YEARS	3/9-4/20	4:45-5:15 PM
107130-06	7-18 YEARS	4/27-6/1	4:45-5:15 PM



STAGE PLAY **NEW**

Join Ms. Courtney for a fun and interactive introduction to theater! This class will introduce children to skills such as emotional expression, intentional movement and memorization. Each class will include a short workshop followed by songs and dancing. Little actors should be accompanied by an adult. No fee for infant siblings under the age of 1. No Class 2/21.

Age: 3-5 years Day: M R/NR: \$40/\$45
Location: HCC Market Studio
Instructor: Courtney Foshi

CLASS #	DATE	TIME
112002-01	1/24-3/7	10:00-10:45 AM

COOL ROCKS **NEW**

Learn all about cool rocks, geodes, and crystals! Children will engage in a short lesson about rocks which will touch on how rocks are formed and what types of rocks can be found in Manhattan, Illinois. The class will conclude with each child being able to break open their own geode to keep! Participants must be accompanied by an adult. No fee for infant siblings under the age of 1. Dress to get messy!

Age: 2-5 years Day: W R/NR: \$10/\$15
Location: HCC Market
Instructor: MacKenzie O'Connor

CLASS #	DATE	TIME
112004-01	2/2	10:00-10:45 AM

**New Mommy & Me
Fitness Fun Program!**

**See page 8 for
details.**

DOODLEBUGS

Get crafty with this arts and crafts class where participants will be able to explore a variety of mediums including drawing, painting, stamping, winter crafts, and more! Budding artists must be accompanied by an adult. No fee for infant siblings under the age of 1. Dress to get messy!

Age: 2-5 years Day: TU
R/NR: \$20/\$25 Location: HCC Market
Instructor: MacKenzie O'Connor

CLASS #	DATE	TIME
112001-01	2/1-2/22	10-10:45 AM



JUNIOR MAD SCIENTISTS **NEW**

Get messy and crazy in this hands-on STEM workshop. Junior Scientists will work on a variety of experiments including explosions, potions, and sticky concoctions. Each experiment will be followed by a short educational lesson. Participants must be accompanied by an adult. No fee for infant siblings under the age of 1. Dress to get messy!

Age: 2-5 years Day: TH
R/NR: \$15/\$20
Location: HCC Market
Instructor: MacKenzie O'Connor

CLASS #	DATE	TIME
112055-01	3/10	10:00-10:45 AM

EARLY CHILDHOOD & FAMILY

I SPEAK SPANISH

Expand your child's world! Introduce your child to the Spanish language in this Spanish immersion class developed especially for very young learners. Children will be immersed in the Spanish language through fun and educational activities and music. Each session covers new material! Taught by a Language in Action, Inc. instructor. Participants must be accompanied by an adult. No Class 1/17.

Age: 3-6 years Day: M R/NR: \$45/\$50
Location: HCC Market
Instructor: Language in Action

CLASS #	DATE	TIME
112110-01	1/10-2/7	9:00-9:45 AM
112110-02	2/28-3/21	9:00-9:45 AM

FAIRY TALE TEA PARTY

Join us in the Villa for a fairy tale-themed tea party. Learn tea party etiquette while enjoying tea, juice, and snacks. Tea will be followed by a themed craft and dance party. Participants are encouraged to come dressed as their favorite prince, princess, fairy, or elf.

Age: 3-10 years Day: SA
R/NR: \$15/\$20 Location: HCC Villa

CLASS #	DATE	TIME
112101-01	4/9	10:00-11:30 AM

YOUTH GENERAL

COOL ROCKS



Learn all about cool rocks, geodes, and crystals! Participants will engage in a short lesson about rocks which will touch on how rocks are formed and what types of rocks can be found in Manhattan, Illinois. The class will conclude with each child being able to break open their own geode to keep!

Age: 6-11 years Day: SA R/NR: \$10/\$15
Location: HCC Market

CLASS #	DATE	TIME
111102-01	3/26	10:00-11:30 AM

INVENTION CONVENTION



Get your thinking cap on and come ready to create a wild and crazy invention! Participants will enjoy a day of critical thinking and fun through working together to create a themed invention. At the end of the class, the group will be able to put that invention to the test. All supplies will be provided. Each class will feature new projects so register for both!

Age: 5-11 years R/NR: \$15/\$20
Location: HCC Market

CLASS #	DATE	DAY	TIME
111107-01	2/19	SA	10:00-11:30 AM
111107-02	3/30	W	1:30-3:00 PM

PRESIDENTS DAY PUPPET MAKING



Join The Den Before and After School staff on a school day off to learn all about the history of our presidents. Participants will hear a short lesson, read a story, and create a puppet of their favorite American President.

Age: 5-11 years Day: M R/NR: \$15/\$20 Location: HCC Villa
Instructor: Courtney Foshi

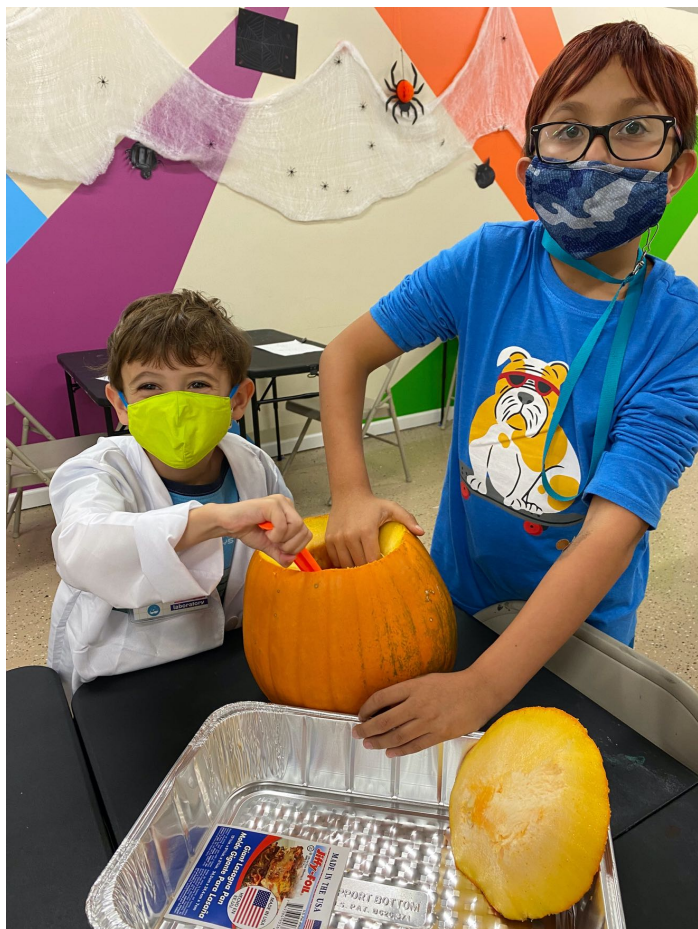
CLASS #	DATE	TIME
111108-01	2/21	10:30 AM-12:00 PM

HORSEBACK RIDING LESSONS

Get up and go! It's time to ride at Nova Quarter Horses! Fun for all ages at any riding level, no previous experience is needed. Come out to learn both Western and English disciplines taught by our highly qualified trainers and instructors. We offer both an indoor and outdoor arena, so Nova is able to offer lessons year-round. A 5-lesson card includes 5 individual one-hour group lessons. Helmets are available at parents' request. Once your lesson card is purchased, call Nova to schedule your lessons at (708) 479-3696. There is a limit of one 5-lesson card per family. Jeans and boots or hard-soled shoes are required.

Age: 7 & up Location: Nova Quarter Horses

CLASS # **R/NR**
111106-01 \$200/\$205



VALENTINE'S DAY RIDE & DINNER- FAMILY

Grab your friends and family and join us for a riding lesson followed by a delicious Italian dinner. The menu will consist of an Italian entrée, salad, rolls, and a beverage. \$110 per pair and \$45 additional per additional rider.

Age: 7 & up Day: SA R/NR: \$110/\$115
Location: Nova Quarter Horses

CLASS # **DATE** **TIME**
110200-01 2/12 4:00-6:00 PM

OLAF'S BEACH PARTY

Grab your towel and sunglasses and head to the Hansen Community Center for a winter beach party with our friend Olaf. Enjoy tropical decorations, activities and snacks. This program will include a craft, limbo contest and dance party. We will have some fun in the sun because the cold never bothered us anyways! Parents are encouraged to attend with their young child. No fee for infant siblings under the age of 2.

Age: 3-11 R/NR: \$20/\$25
Day: SA Location: HCC Villa

CLASS # **DATE** **TIME**
111200-01 1/22 10:00 AM-12:00 PM

KIDS NIGHT OUT-VALENTINE'S

Are you wondering what to do with the kiddos on your romantic date night? Let us watch the kids while you enjoy a quiet night at home or a night on the town. Kids will participate in a variety of recreation-based activities including crafts, games, and movies. Pizza and drinks will be provided.

Age: 5-11 Day: SA R/NR: \$20/\$25
Location: HCC Market

CLASS # **DATE** **TIME**
111008-01 2/12 6:30-9:00 PM

CREATIVE DRAMA**NEW**

Join Ms. Courtney for a fun and interactive introduction to theater! This class will introduce children to skills such as emotional expression, line memorization, and on-stage presence. Participants will also learn "behind the scenes" including design, lighting, and directing. Participants should dress in comfortable clothing and bring a water bottle to each class.

Age: 6-11 years Day: TH R/NR: \$40/\$45
 Location: HCC Market Studio
 Instructor: Courtney Foshi



CLASS #	DATE	TIME
111104-01	1/27-3/3	6:30-7:15 PM

MAGIC WITH GARY KANTOR

Join us for an evening filled with magic and mesmerizing tricks! You will discover how to amaze your family and friends with tricks and magic using ropes, coins, mind-reading, and more! These tricks look complex, but you'll learn how to become a magician in the blink of an eye. Children are grouped by age and learn popular tricks and age-appropriate skills. Returning magicians will experience different tricks at each session. All materials are provided and each student receives a magic kit to take home.

Age: 5-12 years R/NR: \$22/\$27 Location: Frankfort Park District

CLASS #	DATE	DAY	TIME
111003-01	2/22	TU	5:00-5:55 PM

VIRTUAL MAGIC CLASS

This 45-minute online class teaches children how to perform a number of mind-boggling tricks using everyday household items. Have a blast as you learn exactly what to say and do when performing in front of an audience. This is an online class so it can be taken whenever it is convenient for your schedule, and the videos can be watched again and again. Your entire family can even take this class together! After registering you will be emailed a list of household items needed for the class. Students who have taken the previous class will have an option to take an alternative session.

Age: 5 & up R/NR: \$13/\$18
Class # 211013-06

VIRTUAL ANIMAL BALLOON CLASS

This 45-minute online class teaches children the techniques needed to take plain balloons and transform them into incredible balloon animals like dogs, butterflies, fish, and swords! And this class isn't just for the kids! The whole family can join in the experience. This is an online class so it can be taken whenever it is convenient for your schedule, and the videos can be watched again and again. After registering you will be emailed a list of items needed for the class, including balloons and a balloon pump. Students who have taken the previous class will have an option to take an alternative session.

Age: 7 & up R/NR: \$13/\$18
Class # 211014-06

YOUTH GENERAL

KIDS IN THE KITCHEN

Kids who start cooking at a younger age are more likely to make meals from scratch as they grow up. Cooking also teaches kids valuable lessons like following directions, reading, math, science, and problem-solving skills. Young chefs will explore menus full of exciting discoveries from how to prepare new dishes to twists on classic favorites. More refined skills will be encouraged with our older chefs. Each child will take home their own copy of the recipes. Parents of 3-5 year-old children are required to attend class with their child. Please bring an apron to class.

Age 3-11 years R/NR: \$27/\$32 Location: HCC Villa Instructor: Kristyn Slick

CLASS #	DATE	DAY	TIME	THEME
111001-01	1/19	W	6:30-7:30 PM	Snowman Snacks
111001-02	2/16	W	6:30-7:30 PM	Mario and Luigi's Pasta
111001-03	3/16	W	6:30-7:30 PM	Luck of the Irish Cookie Decorating

ADULT & TEEN

TEEN TRIP-GAMMA VR

Grab your friends and head out on a virtual reality adventure at Gamma VR in Joliet! Park District staff will accompany and supervise teens. Transportation and dinner will be provided.

Age: 11-14 R/NR: \$55/\$60 Day: F
Location: Depart from HCC

CLASS #	DATE	TIME
109103-01	3/25	6:00-9:00 PM

VALENTINE'S DAY RIDE AND DINNER DATE NIGHT

Grab your special someone and join us for a riding lesson followed by a delicious Italian dinner. The menu will consist of an Italian entrée, salad, rolls and a beverage. Let Nova be that special place you take your sweetie this Valentine's Day! \$110 per pair and \$45 additional per additional rider.

Age: 18 & up Day: F R/NR: \$110/115
Location: Nova Quarter Horses

CLASS #	DATE	TIME
109006-01	2/11	6:00-8:00 PM

ADULTS-ONLY GAME NIGHT

Head over to the Hansen Community Center to battle your friends in some of your favorite board games. Players will join individually and teams will be assigned for applicable games. Snacks will be provided and beer and wine will be available for purchase. Some games will be provided but participants can also bring their favorite game to play!

Age: 21 & up Day: W
Location: HCC Villa R/NR: \$10/\$15

CLASS #	DATE	TIME
109104-01	2/23	6:30-8:30 PM

ADULT PUZZLE CLUB

Come together at the Hansen Community Center for friendship and puzzles. Work as a group to complete a variety of different puzzles. Once complete, the puzzles will be displayed in the Hansen Community Center. Coffee, drinks and snacks will be provided. No club on 3/3.

Age: 55 & up R/NR: \$10/\$15
Day: W Location: HCC Villa

CLASS #	DATE	TIME
109200-01	2/10-3/10	9:30-10:30 AM

All adult trips are run by Premier World Discovery travel company. All trips depart from Midway Airport. Transportation to the airport is not provided. Visit manhattanparks.org or call 815.478.3324 for full trip details and brochures. Space is very limited so register as soon as possible. A \$200 discount is available if the final payment is made via check prior to 75 days before departure. A Travel Protection Plan is available for an additional \$285 due at the time of deposit. See full details and itineraries online at manhattanparks.org, or call 815.478.3324.

GREAT TRAINS & GRAND CANYONS

NEW

Journey to Arizona for a 6-day western adventure! Your trip includes two rail journeys on the Grand Canyon Railway and the Verde Canyon Railroad. Trip destinations and guided tours include Grand Canyon National Park, Oak Creek Canyon, Sedona Trolley Tour, Chapel of the Holy Cross, Tlaquepaque & Uptown Sedona, Montezuma Castle, Jerome, Chuckwagon Supper & Show, and Old Town Scottsdale. Free time is built in for shopping, visiting art galleries, and sightseeing on your own. Includes roundtrip airfare, 5 nights accommodations in Sedona, sightseeing per itinerary, admissions per itinerary, 5 breakfasts & 3 dinners, hotel transfers, professional tour director, motorcoach transportation, and baggage handling at hotels.

CLASS #	DATE	FEE
208503-01	4/24-4/29	\$3050 (\$300 DEPOSIT DUE AT REGISTRATION)

CAPE COD & THE ISLANDS

NEW

Head out east for a 7-day trip to Cape Cod! Your trip includes 1 night in Boston with a Boston City Tour, and visits to Faneuil Hall Marketplace, Plimoth Plantation, Mayflower II, and Plymouth Rock. From Boston, the trip continues to a tour of Martha's Vineyard, a visit to Nantucket Island, the Nantucket Whaling Museum, Provincetown, a cranberry bog, Cape Cod National Seashore, Newport, Rhode Island, and Breakers Mansion. Your adventure culminates with a farewell New England Lobster Dinner. Includes 6 nights accommodations, roundtrip airfare, 6 breakfasts, 3 dinners, professional tour director, motorcoach transportation, admissions per itinerary, sightseeing per itinerary, and baggage handling at hotels.

CLASS #	DATE	FEE
308501-01	8/13-8/19	\$3095 (\$300 DEPOSIT DUE AT REGISTRATION)

CALIFORNIA RAIL DISCOVERY

NEW

You'll be California dreamin' on this 7-day tour beginning in San Francisco! The trip includes two rail journeys via the Napa Valley Wine Train and the Sierra Nevada Rail Journey, and two cruise experiences with San Francisco Bay Cruise and Lake Tahoe Paddle Wheeler Cruise. You'll experience a San Francisco city tour, Wine Train lunch, winery tour & tasting, and a visit to Gold Rush-era Old Town Sacramento. A detour to Nevada will take you to visit Virginia City, Reno, and the National Auto Museum. Free time is built into the itinerary for shopping and sightseeing. Overnight stays are in San Francisco, Sacramento, and Lake Tahoe. Includes roundtrip airfare, 6 nights accommodations, sightseeing per itinerary, admissions per itinerary, 6 breakfasts, 1 lunch, 2 dinners, hotel transfers, professional tour director, motorcoach transportation, and baggage handling at hotels.

CLASS #	DATE	FEE
408505-01	10/12-10/18	\$3575 (\$300 DEPOSIT DUE AT REGISTRATION)



The Manhattan Park District, Manhattan Fire Protection District, Manhattan-Elwood Public Library District, and the Village of Manhattan are partnering to bring new programs to our active adults! Mark your calendars and be on the lookout for programs and activities from fitness and travel to arts and social clubs.

See page 3 for our new **basketball league**, page 8 for **adult fitness classes**, page 15 for **game night**, **horseback riding dinner date**, and **puzzle club**, and page 16 for three new **adult trips**. Don't forget that grandparents are welcome at all of our parent & tot classes!

Save the Date

2022 Senior Luncheons

March 23 June 22
September 28 December 7

Luncheons take place at the Hansen Community Center and begin at 11 am. RSVP at 815.418.2041 or slewis@villageofmanhattan.org

Coming Soon

- Matter of Balance- coming April
- Pickleball at Round Barn Farm
- Adult programming at the Manhattan-Elwood Public Library

Look for details in the spring Manhattan Messenger, the spring-summer MPD Program Guide, and the Library newsletters.

BIRTHDAY PARTIES



Looking for an unforgettable birthday party experience? Let us do the work while you have the fun! Your customized birthday party includes a decorated party room, invitations, tableware, beverages, your choice of cake or cupcakes, and a party host! Pizza is available for an additional fee.

Choose from several themes including Splash Pad Party, Sports Party, Tea Party and more!

Call 815.478.3324 for full details.

COVID-19

To help keep our community healthy, face coverings and social distancing may be required for specific Park District programs in accordance with CDC & State of Illinois guidelines. MPD will continuously monitor and adjust COVID procedures as the state of the pandemic changes. Thank you for your cooperation and for your consideration of others.

The Park District will make every effort to run all programs as scheduled. However, any in-person program may transition to a virtual format at any time in response to state or federal COVID-19 guidance. No refunds will be issued for programs that transition to a virtual format.

REGISTRATION

Registration for Winter 2022 Programs opens on December 6, 2021. Registration can be completed online at www.manhattanparks.org or by phone at 815.478.3324. All registrations must be completed **at least 7 days in advance** of the start date of a program, except where noted otherwise in the program description. Those with outstanding balances must settle their account before future registration will be processed.

REFUND POLICY

Refunds will not be issued after the program deadline date (7 days before the start of a program unless otherwise noted). At the discretion of the Park District, a refund may be issued if a refund request is accompanied by documentation from a physician. A refund will be promptly issued for programs canceled by the Park District. Refunds will not be issued for programs that transition from in-person to virtual due to COVID-19 guidance.

CANCELATIONS

The Park District does everything in its power to run programs and minimize cancelations. Occasionally a program must be canceled if it does not meet the required minimum number of participants or due to other unforeseen emergencies or circumstances. In the event of a cancelation, we will contact all registered participants and will attempt to reschedule any canceled program. If the program is unable to be rescheduled, we will offer transfer options or refunds.

DISRUPTIVE BEHAVIOR

The Park District's goal is to provide a positive experience for all participants. The Park District reserves the right to terminate participation in an activity or program due to any disruptive behavior or conduct.

MANHATTAN PARK DISTRICT CONTACT INFO

Hansen Community Center 397 S. State, Manhattan, IL 60442

Registration	815.478.3324
Fax	815.478.3428
Email	mpd@manhattanparks.org



Lincolnway
SPECIAL RECREATION
ASSOCIATION

BUILDING A COMMUNITY WITHOUT LIMITS

About Us

Since 1976, the Lincolnway Special Recreation Association (LWSRA) has provided recreation services for individuals with disabilities through a cooperative agreement with its seven member park districts: Frankfort, Frankfort Square, Manhattan, Mokena, New Lenox, Peotone and Wilmington Island Park Districts. Participants enjoy active, healthy and more independent lifestyles through a variety of recreational and social opportunities.

Benefits of Recreation

- ✓ Discover new experiences & interests
- ✓ Build confidence & friendships
- ✓ Socialize in an inclusive setting



Our services



Social Programs

Engage with similar-aged peers in a structured but fun-filled social environment. Staff create opportunities to develop skills and try new experiences. Popular programs include dances, bingo, trivia, community trips, adult day program, summer camps and Saturday youth groups.



Interest-based Programs

Find programs centered around fitness or cultural arts. Try competitive Special Olympics and adapted sports or fitness outlets such as strength & conditioning and introductory sports skills. Enjoy creative arts through cooking, drawing & painting, dancing and more!



Inclusion

Park Districts welcome participation in all programs by individuals with disabilities and special needs. The district works cooperatively with LWSRA to facilitate successful participation for individuals who request an inclusion aide. Inclusion services give participants the needed support in a typical park district setting.

LEARN MORE AT WWW.LWSRA.ORG



(815) 320-3500
support@lwsra.org



1900 Heather Glen Drive
New Lenox, IL 60451

SPRING 2022 YOUTH LEAGUES

SEE
PAGE 4



THE DEN

The Den is an engaging before and after school program for kids to play, have fun with friends and work on homework while being supervised by fun and supportive staff. The Den meets at the Hansen Community Center with busing to and from Wilson Creek and Anna McDonald schools.

Visit our website at www.manhattanparks.org/theden for full details and registration forms. Call 815.478.3324 or email moconnore@manhattanparks.org with questions about the program.

