

FALL 2020 PROGRAMS

Register online at manhattanparks.org



EARLY CHILDHOOD & FAMILY

Doodlebugs Age 2-5

Get crafty with this hands-on art class where participants will be able to explore a variety of media including drawing, painting, stamping, holiday crafts and more! Budding artists must be accompanied by an adult. No fee for infant siblings under the age of 1. Dress to get messy! *Location: HCC Market*

Class# 412100-01 Wed, Oct 14-Nov 4
10:15- 11 am R/NR: \$30/\$35

Family Flavors All Ages

Alongside an accredited Chicago chef, families will learn side-by-side how to create their favorite meals and snacks to share. Families will also learn valuable skills such as teamwork, math, science and creativity while broadening their culinary horizons. All ingredients and tools will be provided. Grandparents welcome! *Location: HCC Villa*

Mondays, 6-7 pm R/NR: \$25/\$30

Class# 411103-04 Oct 12 After School Snacks
Class# 411103-05 Nov 2 School Lunches
Class# 411103-06 Nov 16 Holiday Favorites

Autumn Bonfire All Ages

Gather the family and head out to Round Barn Farm for a bonfire! Meet neighbors, sing songs and make smores while experiencing the beauty of the farm by firelight. *Location: Round Barn Farm*

Class# 412102-01 Sat, Oct 17 7-9 pm R/NR: \$25/30

VIRTUAL SPANISH

Join us from your living room as we explore new cultures and learn Spanish via an interactive Zoom platform! Young children will learn conversational Spanish through fun, interactive activities and music while older children and adults will learn phonetics, reading and writing. Classes are taught live by Language in Action, Inc. ZOOM links will be emailed to participants before the first class. No class 11/24, 11/25, 11/26.

R/NR: \$85/\$90

Age 3-6

Thurs, Oct 22-Dec 3

Class# 412101-01 10:30-11:15 am

Class# 412101-02 5-5:45 pm

Age 7-11

Thurs, Oct 22-Dec 3

Class# 411104-01 10:30-11:15 am

Class# 411104-02 6:15-7 pm

Age 18 & up

Class# 409100-01 10-11 am

Tues, Oct 20-Dec 1

Class# 409100-02 6-7 pm

Wed, Oct 21-Dec 2

ATHLETICS

Pee Wee Multi-Sport Age 3-5

Pee-Wee sports will introduce young children to a variety of sports through fun and engaging drills and games. Children will learn skills such as balance, body movement, and hand/eye coordination while learning life lessons such as respect, team work and following directions. Children should wear athletic clothing and gym shoes. Please bring a water bottle and baseball mitt to each class. No Class 10/31. *Location: HCC Market*

Sat, 10-10:45 am R/NR: \$28/\$33
Class# 405110-05 Oct 17-Nov 14
Class# 405110-06 Nov 21-Dec 12

Youth Yoga & Meditation Age 6-11

Studies show that children who practice yoga and meditation learn to better regulate stress and develop emotional balance. Participants will wind down from the school week and find relaxation through controlled breathing and yoga poses. No class 10/31. *Location: HCC Market Studio*

Sat, 9-9:45 am R/NR: \$28/\$33
Class# 405115-01 Oct 17-Nov 14
Class# 405115-02 Nov 21-Dec 12

Karate Age 4 & up

Learn karate with Sensei Peggy Mitchell, a nationally and internationally certified martial arts instructor with a master's rank. Karate is an art of self-defense, where discipline and self-control are emphasized. This class touches on jiu jitsu, taekwondo and goju. Progression from one belt to the next is determined by training hours as well as performance. Please bring a water bottle to class. No class 11/24, 12/22, 12/29. *Location: HCC Villa*

Tues R/NR: \$25/\$30
Class# 405100-05 Beginner Oct 6-27 6-7 pm
Class# 405100-06 Beginner Nov 3-Dec 1 6-7 pm
Class# 405100-07 Beginner Dec 8-Jan 12 6-7 pm
Class# 405100-08 Advanced Oct 6-27 7-8 pm
Class# 405100-09 Advanced Nov 3-Dec 1 7-8 pm
Class# 405100-10 Advanced Dec 8-Jan 12 7-8 pm

HOLIDAY RENTALS



Visit manhattanparks.org/rentals for full details.

Hansen Community Center Villa

The recently remodeled Villa accomodates larger groups with several possible seating arrangements, including banquet, lecture and meeting. The attached kitchenette includes a large fridge and tray warmer. Restrooms are also adjacent to the room. Table linens are available for rent.

Resident \$50/hr Non-Resident \$60/hr
Max: 50 people
Availability: Saturday

Central Park Room

This newly remodeled rental room includes a new kitchenette, new flooring and remodeled private restroom. The adjacent North Pavilion is included with the room rental for reserved outdoor seating.

Resident: \$150/day
Non-resident: \$250/day
Max 25 people
Availability: Mon-Sun

All room rentals are subject to a \$50 disinfection fee due to COVID-19.

Maximum occupancy is subject to state guidelines.

HALLOWEEN

Hairy Scary Beast Contest

Show us your hairy and scary (and cute!) pets this Halloween! Submit pictures of your family pet in their Halloween costume. All pets welcome! Email submissions to mpd@manhattanparks.org between Oct 1 and Oct 23. Online voting will take place and the winner will be announced on Oct 30 on Facebook.

Trick or Treat Trail All ages

Celebrate Halloween with a Trick or Treat Trail at Round Barn Farm! Explore the Oak Grove with your family and pick up Halloween treats along the way. Wear your costume and be sure to be on the look out for hidden secrets in the forest on this family-friendly self-guided trail. Families are required to socially distance on the trail. Face coverings are highly recommended.

Saturday, October 31 11 am - 2 pm Round Barn Farm Oak Grove



YOUTH GENERAL

Kids in the Kitchen *Ages 3-11*

Kids who start cooking at a young age are more likely to make meals from scratch as they grow up. Cooking teaches kids valuable lessons like following directions, reading, math, science, and problem-solving. Recipes include a twist on favorites as well as exotic recipes to encourage kids to have more adventurous taste buds. Each child will take home their own cookbook of recipes. Please bring an apron to class. Parents of 3-5 year olds are welcome to attend. *Location: HCC Villa*

Class# 411100-02	Wed, Oct 14	6:30-7:30 pm	R/NR: \$27/\$32
Class# 411100-03	Tues, Nov 17	6:30-7:30 pm	R/NR: \$27/\$32
Class# 411100-04	Mon, Dec 7	6:30-7:30 pm	R/NR: \$27/\$32

Kids Night Out: Hogwarts Express *Ages 5-11*

Calling all witches and wizards! Join us for magical night of potion making, spell casting and quidditch. Kids will begin the night by being sorted in to their house and will finish the night by being transported to Hogwarts while watching Harry Potter and the Sorcerer's Stone. Pizza and snacks will be provided. Dressing as your favorite character is encouraged. *Location: HCC Market*

Class# 411200-01	Fri, Nov 13	6-9 pm	R/NR: \$28/\$33
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Virtual Magic *Ages 5 & up*

This online class teaches children the techniques to take plain balloons and transform them into incredible art like dogs, butterflies, fish, and swords! Students who have taken the previous class will have an option to take an alternative session. Links will be emailed upon registration.

Class# 211013-04	R/NR: \$13/\$18
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Virtual Balloon Animal *Ages 7 & up*

This online class teaches children how to perform a number of mind-boggling tricks using everyday household items. Have a blast as you learn exactly what to say and do when performing in front of an audience. Students who have taken the previous class will have an option to take an alternative session. Links will be emailed upon registration.

Class# 211014-04	R/NR: \$13/\$18
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Holiday Cookie Workshop *All Ages*

Get together with friends and family to create some holiday cheer and learn popular cookie decorating techniques. Each family will take home their own cookbook of recipes so you can prepare your cookies for Santa. Please bring an apron to class. Parents and Grandparents welcome! *Location: HCC Villa*

Class# 410100-01	Tues, Dec 15	6:30-7:45 pm	R/NR: \$20/\$30
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To help keep our community healthy, face coverings and social distancing are required for ALL indoor park district programs. Thank you for your cooperation and for your consideration of others.

FITNESS

WERQ Fitness *Age 16 & up*

WERQ is a fiercely fun dance fitness class based on pop and hip-hop music. The warm up previews the dance steps in class and the cool down combines yoga-inspired static stretching and balance poses. WERQ is taught by Certified Fitness Professionals, so the WERQout is safe and effective. Please bring a water bottle and towel to class. Walk-ins welcome - \$15. No Class 11/25, 12/23, 12/30. *Location: HCC Market Studio*

6:30-7:30 pm	R/NR: \$50/\$55
Class# 406507-07	Wed, Oct 7-28
Class# 406507-08	Wed, Nov 4-Dec 2
Class# 406507-09	Wed, Dec 9-Jan 13

Barre Conditioning *Age 16&up*

Barre Conditioning brings intensive muscle stretch and strengthening as well as postural alignment through work at the barre, in the center of the room standing, and on the mat. No dance experience is necessary in this fitness-focused class where we incorporate small resist-a-balls and hand weights to build tone and definition to all sections of the body. Please bring a mat and two water bottles to class. No class 11/24, 12/22, 12/29. Walk-ins welcome - \$11. *Location: HCC Market Studio*

Class# 406503-02	Mon, Oct 19-Nov 9
R/NR: \$35/40	7:30-8:30 pm

Class# 406503-03	Tues, Nov 17-Jan 26
R/NR: \$73/\$78	7:30-8:30 pm

Walk into Wellness *Age 13&up*

Take a step in the right direction for your overall wellness! Are you interested in increasing your fitness level, adding movement to your day, shedding some pounds, improving health markers, or boosting your mood? Meet virtually on Wednesdays to share motivation, and develop healthy habits. Then meet in person at Round Barn Farm on Sunday mornings from 9:00-9:45 am to walk into wellness together while building endurance and participating in step challenges. *Location: Round Barn Farm*

Class# 406509-02	R/NR: \$72/\$77
Oct 7-Nov 1	
Virtual Meetings	Wed, 7-7:30 pm
Round Barn Farm	Sun, 9-9:45 am

DANCE

Ballet Technique Ages 5 & up

Dancers will be immersed in ballet steps, positions, jumps, and traveling combinations while developing good posture, grace, strength, fluidity coordination and self- esteem! Please bring a water bottle and wear comfortable clothing and bare feet, grippy socks, dance shoes, or gym shoes to class. No Class 11/23, 12/21, 12/28.
Location: HCC Market

Mon, 5:30-6:15 pm
Class# 407101-03 Oct 19-Nov 9 R/NR: \$39/\$42
Class# 407101-04 Nov 16-Jan 25 R/NR: \$76/\$81

Ballet Modern Jazz Combo Ages 6-7

Dancers will get a taste of all dance styles and techniques as we learn steps and choreography at the ballet barre, across the floor, and in the center. This class is open to new and continuing dancers. Please bring a water bottle and wear comfortable clothing and bare feet, grippy socks, dance shoes or gym shoes to class. No class 11/23, 12/21, 12/28. *Location: HCC Market*

Mon, 4:30-5:15 pm
Class# 407100-02 Nov 16-Jan 25 R/NR: \$76/\$81

Modern Jazz Technique Age 7 & up

Find your groove through informal warm-up dances, repetitive steps and choreography combinations. Song requests will be taken each week as we learn formal modern and jazz dance elements! Please bring a water bottle and wear comfortable clothing and bare feet, grippy socks, dance shoes, or gym shoes to class. No Class 11/23, 11/24, 12/21, 12/22, 12/28, 12/29. *Location: HCC Market*

Tues, Nov 17-Jan 26 R/NR: \$76/\$81
Class# 407102-03 7-9 years 4:30-5:15 pm
Class# 407112-02 10 & up 5:30-6:15 pm

Hip Hop Age 7 & up

Break, pop, lock, and moon walk your way into learning hip hop steps and choreography. Dancers will learn fun street vibe dances set to songs they will choose throughout the session! Please bring a water bottle to class and wear comfortable clothing and gym shoes. No Class 11/23, 11/24, 12/21, 12/22, 12/28, 12/29. *Location: HCC Market*

6:30-7:17 pm R/NR: \$76/\$81
Class# 407103-03 7-9 years Mon, Nov 16-Jan 25
Class# 407103-04 10 & up Tues, Nov 17-Jan 26

Irish Dance Age 4 & up

Dancers will discover the basics of Irish Dance, learning the proper techniques of movement set to the rhythm of Irish music. They will not only learn new steps, but will also make life-long friends in the process. Program attire consists of basic dance shoes and flexible clothing. No Class 10/14 and 11/25. *Location: HCC Market*

Wed R/NR: \$50/\$55
Class# 407130-02 4-6 years Oct 7-Nov 4
Class# 407130-03 4-6 years Nov 11-Dec 9
Class# 407131-02 7 & up Oct 7-Nov 4
Class# 407131-03 7 & up Nov 11-Dec 9

Young Rembrandts

Young Rembrandts is an award-winning drawing program that has been proven to help children achieve better grades and better test scores at school. Each week we will explore the artfully fun world of art where your child will be introduced to a kid-tested, kid-approved step-by-step drawing that requires 60 minutes of focus, promoting self-discipline. Over time our students begin to demonstrate self-control through their own inner creativity in a fun, rewarding, non-competitive environment doing something they already enjoy...drawing! New art terms and art history will also be discovered. New lessons are presented every week throughout the entire school year. No class 10/12, 10/14, 11/23, 11/25.
Location: HCC Villa

Grades K-2 Mon, 4:45-5:45 pm
R/NR: \$45/\$50
Class# 407200-02 Oct 19-Nov 9
Class# 407200-03 Nov 16-Dec 14

Grades 3-5 Wed, 4:45-5:45 pm
R/NR: \$45/\$50
Class# 407200-05 Oct 19-Nov 9
Class# 407200-06 Nov 16-Dec 14



The Den is back! Join us at Wilson Creek for an engaging before and after school program that allows time for remote learning. This program is open to all K-5 students and offers affordable fees and exciting daily activities! Please review the revised Den Registration Form for information regarding changes to program times and fees. To learn more or to register, visit manhattanparks.org/theden