

# FALL 2022 PROGRAM GUIDE



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Register online at [manhattanparks.org](https://manhattanparks.org)



## RENTALS

Looking for a venue for your wedding, birthday party, shower or meeting? The Park District offers indoor and outdoor venues at the Hansen Community Center, Central Park and Round Barn Farm. Field rentals available, too!



Visit [manhattanparks.org/rentals](http://manhattanparks.org/rentals) for full details and rates.

Contact Lacinda at 815.478.3324 or [lsawver@manhattanparks.org](mailto:lsawver@manhattanparks.org) to book your rental.



## ROUND BARN WINTER FEST

Friday, December 2  
5:30-10 PM

New Special Needs  
Hour! See page 15 for  
full event details.



Age: K-5th Grade

Location: Hansen Community Center

Join The Den, Manhattan Park District's Before and After School Program! The Den is a positive and exciting environment for your children to spend time with friends, work on homework, learn new games and activities, make art and science projects, and play.

The Den's curriculum is rooted in engaging and encouraging growth through positive social interaction, physical movement and activity, and learning through play.

The Den is open to all K-5th grade students in District 114 and begins at 7:00 am and ends at 6 pm. The program takes place at the Hansen Community Center, with Anna McDonald and Wilson Creek students bused to and from the schools through Lincoln-Way Transportation. Flexible installment billing options are available. A \$50 enrollment fee is required for each child enrolled in the Den. **Save \$20 on the enrollment fee by registering before July 31!**

Early dismissal days will be offered for an additional \$15 fee. Holiday break camps will take place at the Hansen Community Center during Thanksgiving, Winter Break and Spring Break with separate enrollment required (see page 2 for holiday camp details).

New app for 2022-23! We will be using the Procure app to facilitate better communication and safety for both parents and students. If you have any questions, please contact Senia Chavez at [schavez@manhattanparks.org](mailto:schavez@manhattanparks.org).

**REGISTER ONLINE AT <https://manhattanparks.org/theden>.**

# HOLIDAY CAMPS

Looking for a fun way to spend your holiday breaks?

Play your days away at the Hansen Community Center! Each day will feature a new theme, games, and activities.

Campers will enjoy holiday-themed projects and participate in various indoor and outdoor activities.

Explore topics from science to art to sports and more! Please send a nut-free lunch and snacks. Before and after camp care is available. Weather-appropriate shoes and coats are required.



Age: K-5th Grade      Location: Hansen Community Center Market

## THANKSGIVING BREAK CAMP

CLASS #	DATE	DAY	CAMP	TIME	FEE
401600-01	11/21-11/23	M-W	CAMP	9:00 AM-4:00 PM	\$100
401600-02	11/21-11/23	M-W	BEFORE CARE	7:00-9:00 AM	\$25
401600-03	11/21-11/23	M-W	AFTER CARE	4:00-6:00 PM	\$25

## WINTER BREAK CAMP

CLASS #	DATE	DAY	CAMP	TIME	FEE
101600-01	12/27-12/29	T-TH	CAMP	9:00 AM-4:00 PM	\$100
101600-02	12/27-12/29	T-TH	BEFORE CARE	7:00-9:00 AM	\$25
101600-01	12/27-12/29	T-TH	AFTER CARE	4:00-6:00 PM	\$25
101601-01	1/3-1/5	T-TH	CAMP	9:00 AM-4:00 PM	\$100
101601-02	1/3-1/5	T-TH	BEFORE CARE	7:00-9:00 AM	\$25
101601-03	1/3-1/5	T-TH	AFTER CARE	4:00-6:00 PM	\$25



## PEE WEE MULTI-SPORT

This class will introduce children to a variety of sports through fun and engaging drills and games emphasizing balance, body movement, hand-eye coordination, listening and following directions. Each week will feature a new sport. Participants should wear comfortable clothes, athletic shoes and should bring a water bottle with them to each class. This class includes parent participation. No Class 9/5, 10/31, 11/21, 11/26.

Age: 3-6 years      Instructor: Coach Eli



CLASS #	DATE	DAY	TIME	LOCATION	R/NR
405110-01	8/29-9/26	M	9:30-10:15 AM	Central Park Rugby Field	\$27/\$32
405110-02	9/10-10/1	SA	10:00-10:45 AM	Round Barn Farm	\$27/\$32
405110-03	10/10-11/7	M	9:30-10:15 AM	Central Park Rugby Field	\$27/\$32
405110-04	10/15-11/5	SA	10:00-10:45 AM	Round Barn Farm	\$27/\$32
405110-05	11/14-12/12	M	9:30-10:15 AM	Hansen Community Center	\$27/\$32
405110-06	11/19-12/17	SA	10:00-10:45 AM	Anna McDonald School Gym	\$27/\$32

## YOUTH MULTI-SPORT

This class will introduce children to a variety of sports through fun and engaging drills and games emphasizing balance, body movement, hand-eye coordination, listening and following directions. Each week will feature a new sport. Participants should wear comfortable clothes, athletic shoes and should bring a water bottle to each class. No Class: 11/26

Age: 7-12 years      Day: SA      Time: 11-11:45 AM      Instructor: Coach Eli

CLASS #	DATE	LOCATION	R/NR
405117-01	9/10-10/1	Round Barn Open Space	\$27/\$32
405117-02	10/15-11/5	Round Barn Open Space	\$27/\$32
405117-03	11/19-12/17	Anna McDonald School Gym	\$27/\$32

## DISC GOLF

This class welcomes beginner and intermediate disc golf players. Players will learn the basic skills of disc golf including throwing and aiming while navigating the obstacles of the Round Barn Farm course. Each week players will focus on a section of the course, with the last class playing a full round. Participants should wear athletic, weather appropriate clothing, long pants are recommended, gym shoes, bring a water bottle and any kind of frisbee.

Age: 8-12 years      Day: SA      R/NR: \$32/\$37  
Location: Round Barn Farm Gazebo

CLASS #	DATE	TIME
405112-01	9/10-10/1	12:00-1:00 PM
405112-02	10/15-11/5	12:00-1:00 PM

# YOUTH ATHLETICS

## FLOOR HOCKEY

The floor hockey program is designed for the beginner and intermediate player. Players will learn and develop fundamental hockey skills, such as stick handling, passing, and shooting, through a variety of drills, games, and scrimmages. Participants should wear athletic clothing and gym shoes and bring a water bottle to each class. No Class: 11/23

Day: W    Instructor: Coach Eli

CLASS #	AGE	DATE	TIME	R/NR	LOCATION
405111-01	4-6 years	9/7-9/28	6:00-6:45 PM	\$27/\$32	Central Park Rink
405111-02	7-12 years	9/7-9/28	7:00-8:00 PM	\$32/\$37	Central Park Rink
405111-03	4-6 years	10/12-11/2	6:00-6:45 PM	\$27/\$32	Central Park Rink
405111-04	7-12 years	10/12-11/2	7:00-8:00 PM	\$32/\$37	Central Park Rink
405111-05	4-6 years	11/16-12/14	6:00-6:45 PM	\$27/\$32	Anna McDonald Gym
405111-06	7-12 years	11/16-12/14	7:00-8:00 PM	\$32/\$37	Anna McDonald Gym

## SANDLOT SERIES

The Sandlot Series takes the neighborhood after school pickup game in the driveway and polishes it into a safe, organized and supervised setting at your local park. Join us as we gather anyone who wants to play into a game of soccer, or kickball, or whiffle ball, or hockey, or football, or... well you get the idea. Each meeting we'll play a different game. Participants should wear comfortable clothing, gym shoes and bring a water bottle.



Age: 7-12 years    Day: F    Time: 5:30-6:30 PM  
R/NR: \$8/\$13    Instructor: Coach Eli

CLASS #	THEME	DATE	LOCATION
405118-01	Whiffle Ball	9/2	Central Park Baseball Field
405118-02	Spike Ball	9/16	Central Park North Pavilion
405118-03	Frisbee Can Jam	9/30	Central Park North Pavilion
405118-04	Kickball	10/14	Central Park Baseball Field
405118-05	Flag Football	10/28	Central Park Rugby Field
405118-06	Whiffle Ball	11/11	Anna McDonald School Gym
405118-07	Soccer	12/2	Anna McDonald School Gym
405118-08	Floor Hockey	12/16	Anna McDonald School Gym



## PICKLEBALL

Pickleball is a hot new game sweeping the nation and it is dill-ightful. Very similar to Badminton, Tennis or Ping Pong, Pickleball is played on a smaller court with slightly modified rules to bring the same fast paced action to the small court. If you're looking for a brand-new game the whole family can enjoy, look no further than this new game that is rapidly growing in popularity. Participants should wear athletic clothing, gym shoes and bring a water bottle to each class. Rackets are available for class participants, or bring your own racket or paddle. No class 11/26.

Age: 7-12 years      Day: SA  
R/NR: \$32/\$37      Instructor: Coach Eli  
Location: Anna McDonald Gym

CLASS #	DATE	TIME
405122-01	11/19-12/17	12:00-1:00 PM



**COACH  
ELI**

Coach Eli has had a passion for sports from a young age. He played both baseball and basketball in high school and knew then that sports would always play a large role in his life. Eli recently graduated from the University of Illinois with a degree in Recreation, Sports and Tourism Management with a focus in youth sports development. His goal is to help build accessible and engaging youth sports programs in developing communities

## SKYHAWKS BEGINNING GOLF

Start your path to the PGA on the right foot with this excellent class for entry level golfers. The unique, game-based program and modified equipment make it easier for new hackers to hit the ball and have early success. Putting, chipping, pitching and full swings are all taught through games, simple repetitive motions and rhymes that make it easy to remember and repeat. All equipment is provided. No class 11/22.

Instructor: Skyhawks Sports      Day: TU      R/NR: \$69/\$75

CLASS #	AGE	DATE	TIME	LOCATION
405125-01	4-6 years	9/6-9/27	6:00-6:45 PM	Central Park Rugby Field
405125-02	7-12 years	9/6-9/27	7:00-8:00 PM	Central Park Rugby Field
405125-03	4-6 years	10/11-11/1	6:00-6:45 PM	Anna McDonald School Gym
405125-04	7-12 years	10/11-11/1	7:00-8:00 PM	Anna McDonald School Gym
405125-05	4-6 years	11/15-12/13	6:00-6:45 PM	Anna McDonald School Gym
405125-06	7-12 years	11/15-12/13	7:00-8:00 PM	Anna McDonald School Gym

# YOUTH ATHLETICS

## KARATE

Learn karate with Sensei Peggy Mitchell, a nationally and internationally certified martial arts instructor with a master's rank. Karate is an art of self-defense, where discipline and self-control are emphasized. This class touches on jiu jitsu, taekwondo and goju. Progression from one belt to the next is determined by training hours as well as performance. Ages 4 through adults are welcome. Please bring a water bottle to class. Beginner and Advanced levels are taught simultaneously. No Class 11/8, 11/22.

Age: 4 years & up      Day: TU      Instructor: Peggy Mitchell      Location: HCC Villa

CLASS #	DATE	TIME	R/NR
405100-01	9/6-10/11	6:00-7:00 PM	\$40/\$45
405100-03	10/25-12/13	6:00-7:00 PM	\$40/\$45

## BASKETBALLERS

NEW

Join coach Eli for this fun class for beginner and experienced ballers. Participants will learn and work on developing basic skills like dribbling, shooting, passing and how to apply those skills in game situations. Participants should bring a water bottle, appropriate clothing and closed toed gym shoes. Can bring own ball or use park district equipment. No class 9/5, 10/31, 11/21.

Day: M      Instructor: Coach Eli

CLASS #	AGE	DATE	TIME	LOCATION	R/NR
405123-01	4-6 years	8/29-9/26	6:00-6:45 PM	Central Park Court	\$27/\$32
405123-02	7-12 years	8/29-9/26	7:00-8:00 PM	Central Park Court	\$32/\$37
405123-03	4-6 years	10/10-11/7	6:00-6:45 PM	Central Park Court	\$27/\$32
405123-04	7-12 years	10/10-11/7	7:00-8:00 PM	Central Park Court	\$32/\$37
405123-05	4-6 years	11/14-12/12	6:00-6:45 PM	Anna McDonald Gym	\$27/\$32
405123-06	7-12 years	11/14-12/12	7:00-8:00 PM	Anna McDonald Gym	\$32/\$37

## FLAG FOOTBALL

NEW

Perfect for experienced veterans or rookie football players, children will learn skills for both sides of the ball including passing, catching and defensive positioning - all presented in a fun and positive environment. Participants should wear athletic clothing, closed toed shoes, NO SPIKES, and bring a water bottle to each class. No class 11/24.

Day: TH      Instructor: Coach Eli

CLASS #	AGE	DATE	TIME	LOCATION	R/NR
405124-01	4-6 years	9/8-9/29	6:00-6:45 PM	Central Park Rugby	\$27/\$32
405124-02	7-12 years	9/8-9/29	7:00-8:00 PM	Central Park Rugby	\$32/\$37
405124-03	4-6 years	10/13-11/3	6:00-6:45 PM	Anna McDonald Gym	\$27/\$32
405124-04	7-12 years	10/13-11/3	7:00-8:00 PM	Anna McDonald Gym	\$32/\$37
405124-05	4-6 years	11/17-12/15	6:00-6:45 PM	Anna McDonald Gym	\$27/\$32
405124-06	7-12 years	11/17-12/15	7:00-8:00 PM	Anna McDonald Gym	\$32/\$37





All dance programs meet in the  
HCC Market Studio.

## BEGINNING DANCE

Young dancers will get a taste of ballet and other dance forms through play-based and formal exercises in this 30-minute class. Each class will feature basic steps and ways to move across the floor, short choreography combinations, and a movement game. Dancers must be toilet-trained prior to class registration. Please bring a water bottle to each class. No Class Mondays 10/31, 11/21, 12/26, 1/2, 1/16. No Class Tuesdays, 10/4, 11/22, 12/27, 1/3, 1/17.

Age: 3-5 years R/NR: \$66/\$71  
Instructor: Jenn Raleigh

CLASS #	DATE	DAY	TIME
407110-01	9/12-11/7	M	4:30-5:00 PM
407110-02	11/14-1/30	M	4:30-5:00 PM
407110-03	9/13-11/8	TU	6:00-6:30 PM
407110-04	11/15-1/31	TU	6:00-6:30 PM

## BALLET MODERN JAZZ COMBO

Young dancers will get a taste of all dance styles and techniques in this class. Dancers are encouraged to maintain their skills and to have fun as we learn steps and choreography at the ballet barre, across the floor, and in the center. This class is open to new and continuing dancers. Please bring a water bottle and wear comfortable clothing and bare feet, grippy socks, dance shoes or gym shoes to class. No Class 10/31, 11/21, 12/26, 1/2, 1/16.

Age: 5-6 years Day: M R/NR: \$76/\$81 Instructor: Jenn Raleigh

CLASS #	AGE	DATE	TIME
407100-01	5 years	9/12-11/7	5:00-5:45 PM
407100-02	5 years	11/14-1/30	5:00-5:45 PM
407100-03	6 & up	9/12-11/7	5:45-6:30 PM
407100-04	6 & up	11/14-1/30	5:45-6:30 PM



## BALLET TECHNIQUE

Dancers will be immersed in ballet steps, positions, jumps, and traveling combinations in this 45-minute class. Participants develop good posture, grace, strength, and fluidity through this work, as well as coordination and self-esteem! Please bring a water bottle and wear comfortable clothing and bare feet, grippy socks, dance shoes, or gym shoes to class. No Class 10/4, 11/22, 12/27, 1/3, 1/17.

Age: 7 & up Day: TU R/NR: \$76/\$81  
Instructor: Jenn Raleigh

CLASS #	DATE	TIME
407101-01	9/13-11/8	4:30-5:15 PM
407101-02	11/15-1/31	4:30-5:15 PM

**RECITAL:** Our dance program will culminate in an annual recital at Lincoln-Way West High School in the spring of 2023. Dancers must be registered and participate in Fall Session II and Winter Session I to participate in the recital. Additional fees for the recital and costumes will be assessed before the recital.

All dance programs meet in the HCC Market Studio.



## HIP HOP

Break, pop, lock, and moon walk your way into learning hip hop steps and choreography. Dancers will learn fun street vibe dances set to songs they will choose throughout the session! Please bring a water bottle to class and wear comfortable clothing and gym shoes. No Class 10/4, 11/22, 12/27, 1/3, 1/17.

R/NR: \$76/\$81 Instructor: Jenn Raleigh AGE: 10 & up

CLASS #	DATE	DAY	TIME
407103-01	9/13-11/8	TU	6:30-7:15 PM
407103-02	11/15-1/31	TU	6:30-7:15 PM



## MODERN JAZZ TECHNIQUE

Dancers will find their groove through informal warm-up dances, repetitive steps and choreography combinations. Song requests will be taken each week as we learn formal modern and jazz dance elements! Please bring a water bottle and wear comfortable clothing and bare feet, grippy socks, dance shoes, or gym shoes to class. No Class 10/4, 11/22, 12/27, 1/3, 1/17.

Age: 10 & up R/NR: \$76/\$81  
Day: TU Instructor: Jenn Raleigh

CLASS #	DATE	TIME
407102-01	9/13-11/8	5:15-6:00 PM
407102-02	11/15-1/31	5:15-6:00 PM

## MODERN JAZZ HIP HOP COMBO

Young dancers will get a taste of all dance styles and techniques in this class. Dancers are encouraged to maintain their skills and to have fun as we learn steps and choreography at the ballet barre, across the floor, and in the center. This class is open to new and continuing dancers. Please bring a water bottle and wear comfortable clothing and bare feet, grippy socks, dance shoes or gym shoes to class. No Class 10/31, 11/21, 12/26, 1/2, 1/16.

Day: M R/NR: \$76/\$81 Age: 7-10 years  
Time: 6:30-7:15 PM  
Instructor: Jenn Raleigh

CLASS #	DATE
407104-01	9/12-11/7
407104-02	11/14-1/30

## IRISH DANCE

Irish dancing is an art form that children love to learn. Boys and girls will discover the basics of Irish Dance, learning the proper techniques of movement set to the rhythm of Irish music. They will not only learn new steps, but they will make life-long friends in the process. Program attire consists of basic dance shoes and flexible clothing. No Class 10/10.

Day: M R/NR: \$90/\$95 Age: 4-10 years  
Instructor: Sullivan School of Irish Dance  
Location: Eilish Sullivan School of Irish Dance- 13923 E Illinois Hwy, New Lenox

CLASS #	DATE	TIME
407107-01	9/12-10/24	4:00-4:30 PM
407107-02	11/7-12/19	4:00-4:30 PM



## BOOGIE TIME

Get your groove on! This 30-minute class is designed for children ages 1-3 years old, along with mom, dad, or a guardian. The class will allow participants to discover movement, balance, rhythm and listening skills in a fun and easy way. The class covers basic stretches, balance, ballet steps, and movement across the floor. Participants should wear comfortable clothing and gym shoes. No fee for infant sibling under the age of one years old. No Class 10/4, 11/22, 12/27, 1/3, 1/17.

Age: 1-3 years    Day: TU    R/NR: \$35/\$40    Location: HCC Market Studio  
Instructor: Jenn Raleigh

CLASS #	DATE	TIME
412102-01	9/13-11/8	11:15-11:45 AM
412102-02	11/15-1/31	11:15-11:45 AM

## EARLY CHILDHOOD & FAMILY

### MUSIC TOGETHER

Nurture your child's natural enthusiasm for music and movement with Music Together®! It is a fun, engaging and musically diverse experience. The informal instructional style will soon have your entire family singing, dancing, and laughing together. Siblings under 8 months are free. Each family receives an illustrated songbook, a guide entitled "Music and Your Child", a professional CD, and exclusive code for downloading or streaming the current collection and access to additional musical activities in the exclusive Family Music Zone®. A new and exciting song collection is introduced every semester, which enrolled families can also play through the free Hello Everybody! mobile app. Children must be accompanied by an adult.

Age: 8 mos-5 years    Day: TU  
Location: HCC Market  
R/NR: \$165/\$170  
(additional siblings \$85/\$90)

CLASS #	DATE	TIME
411006-01	9/13-11/15	9:00-9:45 AM
411006-02	9/13-11/15	10:00-10:45 AM

### DOODLEBUGS

Get crafty with this hands-on arts and crafts class where participants will be able to explore a variety of mediums including drawing, painting, stamping, holiday crafts and more! Budding artists must be accompanied by an adult. No fee for infant siblings under the age of 1. Dress to get messy!

Age: 2-5 years    Day: F  
R/NR: \$20/\$25    Location: HCC Market

CLASS #	DATE	TIME
412100-01	9/23-10/14	10:00-10:45 AM
412100-02	10/28-11/18	10:00-10:45 AM



# EARLY CHILDHOOD & FAMILY

## POLLYWOGS PLAYGROUP

Explore the great outdoors while you meet new friends, create art projects, and learn about science and nature through hands-on nature play. Each week will feature a new theme and activities to create, discover and explore. No fee for infant siblings under 1. Please dress to get messy and be outdoors.

Age: 1-5 years Day: W R/NR: \$28/\$33  
Location: Round Barn Farm Baker Pavilion

CLASS #	DATE	TIME
410001-01	9/14-10/5	9:30-10:30 AM
410001-02	10/19-11/9	9:30-10:30 AM



Plan the week for your little ones with MPD Parent & Tot programs!

**MONDAY**  
Pee Wee  
Multi-Sport  
9:30 am  
(page 3)

**TUESDAY**  
Music Together  
9:00 & 10:00 am  
Boogie time  
11:15 am  
(page 9)

**WEDNESDAY**  
Pollywogs  
Playgroup  
9:30 am  
(page 10)

**THURSDAY**  
Mommy & Me  
Fitness Fun  
10 am  
(page 10)

**FRIDAY**  
Doodlebugs  
10 am  
(page 9)

**SATURDAY**  
Pee Wee  
Multi-Sport  
10 am  
(page 3)

## FITNESS

### MOMMY & ME FITNESS FUN

Rise and shine with this great group fitness class that will have you and your little ones marching, jumping, dancing, and working up a sweat together! This parent/tot class incorporates various movements, motions and music that will keep your child's attention and have both of you working up a sweat in no time! Note: When registering, please register the child(ren) you plan on attending with. Other children not walking yet? Bring them to watch, no cost for infant siblings. No Class 11/24.

Age: 1-5 with adult Instructor: Carissa Pavlik  
Location: HCC Market Studio Day: TH

CLASS #	DATE	TIME	R/NR
406512-01	9/8-9/29	10:00-10:45 AM	\$40/\$45
406512-02	10/13-11/3	10:00-10:45 AM	\$40/\$45
406512-03	11/17-12/15	10:00-10:45 AM	\$40/\$45



**AMPD KICKBOXING****NEW**

Are you ready to KICK up your group fitness workouts? AMPD Kickboxing combines various kickboxing, boxing, and mixed martial arts movements with great music to create a fun, full-body workout that anyone can do! We use the rhythm, speed, and phrasing of the music to execute punching, kicking, blocking, and combination sequences in a safe and effective manner. AND we throw in some bodyweight strength training and core work to make sure your body is prepared for anything that comes at you! Not sure if AMPD is right for you? Check out the demo day on 9/1. Please bring a water bottle and towel to class. No class 11/24.

Age: 16 & up   Day: TH   Instructor: Carissa Pavlik   Time: 6:00-7:00 PM  
Location: HCC Studio

CLASS #	DATE	R/NR
406511-01	9/1 (DEMO)	\$10/\$15
406511-02	9/8-10/13	\$60/\$65
406511-03	10/27-12/15	\$70/\$75

**YOGA**

Students will gain strength, flexibility, focus, and stamina through active Vinyasa flows and postures in this practice. Each participant will be encouraged to move to their own rhythm and breathe throughout each class. Please bring a sticky mat and water to each class. No Class 11/21.

Ages 16 & up   Instructor: Jenn Raleigh  
Day: M   Location: HCC Market Studio  
Time: 7:30-8:30 PM

CLASS #	DATE	R/NR
406500-01	9/12-10/24	\$56/\$61
406500-02	11/7-12/19	\$48/\$53

**PILATES**

Participants will work all parts of the core through classical Pilates mat-work conditioning techniques and progressions. This class can be adjusted to fit any fitness level or even during injury recovery. Please bring a mat and wear comfortable clothing to class. No class 10/4, 11/22.

Age: 16 & up   Day: TU  
Time: 7:30-8:30 PM  
Location: HCC Market Studio  
Instructor: Jenn Raleigh

CLASS #	DATE	R/NR
406501-01	9/13-10/25	\$48/\$53
406501-02	11/8-12/20	\$48/\$53

**WERQ DANCE FITNESS**

WERQ is a fiercely fun dance fitness class based on pop, rock, and hip-hop music. The warm up previews the dance steps in class and the cool down combines yoga-inspired static stretching and balance poses. WERQ is taught by Certified Fitness Professional Carissa Pavlik, so the WERQ-out is safe and effective. Please bring a water bottle and towel to class. No class 10/14, 11/4, 11/25.

Age: 16 & up   Day: F  
Time: 6:00-7:00 PM  
Instructor: Carissa Pavlik  
Location: HCC Market Studio

CLASS #	DATE	R/NR
406507-01	9/9-10/21	\$60/\$65
406507-02	10/28-12/16	\$60/\$65

# YOUTH GENERAL

## HORSEBACK RIDING LESSONS

Get up and go! It's time to ride at Nova Quarter Horses! Fun for all ages at any riding level, no previous experience is needed. Come out to learn both Western and English disciplines taught by our highly qualified trainers and instructors. We offer both an indoor and outdoor arena, so Nova is able to offer lessons year-round. A 5-lesson card includes 5 individual one hour group lessons. Helmets are available at parent's request. Once your lesson card is purchased, call Nova to schedule your lessons at (708) 479-3696. There is a limit of one 5-lesson card per family. Jeans and boots or hard soled shoes are required.

Age: 7 & up Location: Nova Quarter Horses

CLASS #	R/NR
411106-01	\$210/\$215

## WINTER HORSE CAMP

Join Nova Quarter Horses for three fun filled days of Winter Horse Camp! Each day will consist of hands-on experience and a riding lesson. Guided by our experienced staff members, each participant will learn to saddle, bridle and groom their very own horse before taking them to the arena for the daily lesson. No need to worry about the weather outside, as the Nova office is heated and the barn and arena are insulated and climate controlled. All skill levels welcome. Jeans and hard soled shoes required.

Age: 7 & up R/NR: \$385/\$390  
Day: M-W Location: Nova Quarter Horses

CLASS #	DATE	TIME
411107-01	1/2-1/4	12:00-2:00 PM

## FAMILY FUN DAY AT NOVA QUARTER HORSES

Giddy up cowboys and cowgirls! Come spend a fantastic family afternoon "horsin' around" at Nova Quarter Horses, Inc. Your family will bond with the horses by learning to groom, saddle, and have a riding lesson. Lunch will be served. All skill levels welcome. Jeans and hard soled shoes required.

Age: 7 & up Day: SU R/NR: \$130/\$135 per pair, \$50/\$55 per additional rider  
Location: Nova Quarter Horses

CLASS #	DATE	TIME
410510-01	11/6	12:00-2:00 PM

## KIDS NIGHT OUT- WHIFFLE BALL



Come out to a fun night of whiffle ball, Board games, and a movie. We will start our night with some fun down at Central Park playing a game of whiffle ball. We'll then have some time to eat dinner, play some board games, and wrap up the whole night with a movie. Pizza and snacks will be provided.

Age: 5-14 years Day: F R/NR: \$25/\$30  
Location: HCC Market

CLASS #	DATE	TIME
411200-01	10/22	6:30-9:00 PM

## KIDS NIGHT OUT- FOOTBALL



500!! Come out for a fun night of football and park games, followed by pizza and board games. We'll end the evening with a movie. Pizza and snacks will be provided.

Age: 5-14 years Day: F  
R/NR: \$25/\$30 Location: HCC Market

CLASS #	DATE	TIME
411200-02	11/18	6:30-9:00 PM

## MAGIC CLASS WITH GARY KANTOR

Join us for an evening filled with magic and mesmerizing tricks! You will discover how to amaze your family and friends with tricks and magic using ropes, coins, mind-reading and more! These tricks look complex, but you'll learn how to become a magician in the blink of an eye. Children are grouped by age and learn popular tricks and age-appropriate skills. Returning magicians will experience different tricks at each session. All materials are provided and each student receives a magic kit to take home.

Age: 5-12 years R/NR: \$22/\$27 Location: Frankfort Park District

CLASS #	DATE	DAY	TIME
411003-01	10/25	TU	5:00-5:55 PM
411003-02	12/15	TH	5:00-5:55 PM

## YUMAPPETIT COOKING ACADEMY



YumAppetit Cooking Academy has arrived! Celebrate the food of fall holidays with MacKenzie and trained chef Matthew by cooking up a party in this new program. This academy is the perfect place for your flourishing chef to develop their culinary skills. Students will explore the world of food and practice kitchen skills including measuring, mixing, and assembling seasonal treats and snacks. Parents of 3-5-year-olds must stay with their children during class. Please bring an apron or wear clothes that can get messy.



Age 3-11 years R/NR: \$25/\$30 Location: HCC Villa  
Instructors: MacKenzie O'Connor and Matthew Avanzado

CLASS #	DATE	DAY	TIME	THEME
411004-01	10/19	W	6:00-7:00 PM	Spooky Snacks
411004-02	11/16	W	6:00-7:00 PM	Thanksgiving Treats
411004-03	12/14	W	6:00-7:00 PM	Winter Holidays

# ADULT & TEEN

## VILLAGE LUNCHEONS

Join the Village of Manhattan, Manhattan Township and the Manhattan Park District for Lunch and an engaging presentation. Please RSVP to [slewis@vilageofmanhattan.org](mailto:slewis@vilageofmanhattan.org)

Age: 55 & up Day: W R/NR: FREE  
Location: HCC Villa

DATE	TIME
9/28	11:00 AM-12:30 PM
12/7	11:00 AM-12:30 PM

## HOLIDAY LADIES NIGHT AT NOVA QUARTER HORSES

Calling all ladies! Gather your friends, relatives, co-workers for an evening of fun, fun, and fun! Don't miss out on an evening of appetizers and beverages and best of all, horses!! Whether you are a novice or an experienced rider, the activities are designed so that all can participate in the fun regardless of riding experience. So, grab a friend or two and come make memories at Nova Quarter Horses, Inc. Jeans and hard sole shoes are required.

Age: 18 & up Day: SA R/NR: \$85/\$90  
Location: Nova Quarter Horses

CLASS #	DATE	TIME
409511-01	12/10	6:00-8:00 PM





14TH ANNUAL

## Round Barn Farm Wine Festival Fundraiser

Profits from the event will benefit the  
Manhattan Park District and Our Community

**SEPTEMBER 17 • SATURDAY • 2 PM - 8 PM**  
**24115 ROUTE 52 MANHATTAN, IL**

Tickets are available for purchase online at  
[tinyurl.com/Manhattanwine2022](https://tinyurl.com/Manhattanwine2022)  
Berkot's: New Lenox & Manhattan locations

8 tastings of wine offered until 7:30 PM  
Souvenir wine glass  
Live Entertainment from Midlife Crisis  
Food & liquor will be available for purchase

\$25 PRE-SALE  
\$30 DAY OF EVENT  
MUST BE 21 TO ATTEND  
PLEASE BRING PHOTO ID



## TRICK OR TREAT TRAIL AT ROUND BARN FARM

Find treats in the oak grove at Round Barn Farm at this all-ages Halloween event while looking for Big Foot and cryptid hominids like Yeti and Skunk Ape. Free! No registration required.

Are you a business owner looking for a way to showcase your business to the community? Tables are available at no charge! Contact Evan at [evogt@manhattanparks.org](mailto:evogt@manhattanparks.org) for more info.

DATE	DAY	TIME
10/29	SU	12:00 PM-2:00 PM



## ROUND BARN WINTER FEST

Start the season off with a festive evening at Round Barn Farm! Visit with Santa in the Round Barn, take a hayrack ride through the park (weather dependent), listen to live festive holiday music, stroll a luminary story trail and enjoy the holiday lights at night. Warm up with cookies and cocoa, winter ales and mulled wine, and end the night with DJ Grinch's Dance Party. Free! No registration required.

DATE	DAY	TIME
12/2	F	5:30-10:00 PM



## ROUND BARN WINTER FEST SPECIAL NEEDS HOUR

**NEW**

Join LWSRA and MPD for an early opening of Round Barn Winter Fest for those with special needs. Visit with Santa and the Grinch, make crafts in the Round Barn, and take a hayrack ride (no lifts available). Space is very limited. **Registration is required.** Priority registration for Manhattan Park District residents. If space is available after 11/15, registration will open to non-residents. All attendees must register, including accompanying family members.

CLASS	DATE	DAY	TIME
413001-02	12/2	F	4:00-5:00 PM

# REGISTRATION & FAQ

## REGISTRATION

Registration for Fall 2022 Programs opens on **August 8, 2022**. Registration can be completed online at [www.manhattanparks.org](http://www.manhattanparks.org) or by phone at 815.478.3324. All registrations must be completed **at least 7 days in advance** of the start date of a program, except where noted otherwise in the program description. Those with outstanding balances must settle their account before future registration will be processed.

## REFUND POLICY

Refunds will not be issued after the program deadline date (7 days before the start of a program unless otherwise noted). At the discretion of the Park District, a refund may be issued if a refund request is accompanied by documentation from a physician. A refund will be promptly issued for programs canceled by the Park District. Refunds will not be issued for programs that transition from in-person to virtual due to changing government guidelines.

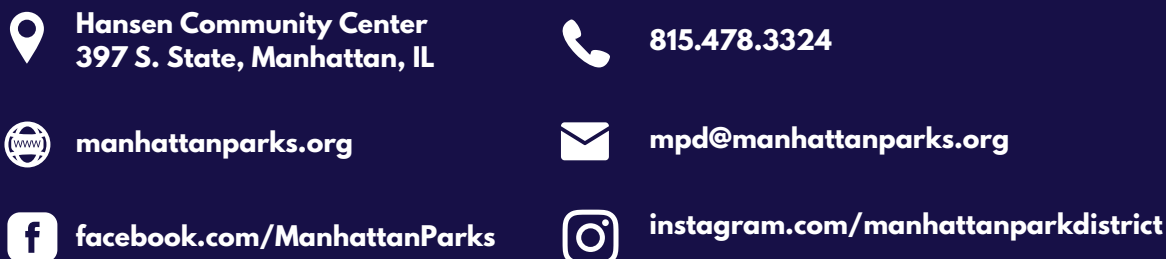
## CANCELATIONS

The Park District does everything in its power to run programs and minimize cancelations. Occasionally a program must be canceled if it does not meet the required minimum number of participants or due to other unforeseen emergencies or circumstances. In the event of a cancelation, we will contact all registered participants and will attempt to reschedule any canceled program. If the program is unable to be rescheduled, we will offer transfer options or refunds.

## DISRUPTIVE BEHAVIOR

The Park District's goal is to provide a positive experience for all participants. The Park District reserves the right to terminate participation in an activity or program due to any disruptive behavior or conduct.

## Manhattan Park District Contact Info







*Lincolnway*  
SPECIAL RECREATION  
ASSOCIATION

# BUILDING A COMMUNITY WITHOUT LIMITS

## About Us

Since 1976, the Lincolnway Special Recreation Association (LWSRA) has provided recreation services for individuals with disabilities through a cooperative agreement with its seven member park districts: Frankfort, Frankfort Square, Manhattan, Mokena, New Lenox, Peotone and Wilmington Island Park Districts. Participants enjoy active, healthy and more independent lifestyles through a variety of recreational and social opportunities.

## Benefits of Recreation

- ✓ Discover new experiences & interests
- ✓ Build confidence & friendships
- ✓ Socialize in an inclusive setting



## Our services



### Social Programs

Engage with similar-aged peers in a structured but fun-filled social environment. Staff create opportunities to develop skills and try new experiences. Popular programs include dances, bingo, trivia, community trips, adult day program, summer camps and Saturday youth groups.



### Interest-based Programs

Find programs centered around fitness or cultural arts. Try competitive Special Olympics and adapted sports or fitness outlets such as strength & conditioning and introductory sports skills. Enjoy creative arts through cooking, drawing & painting, dancing and more!



### Inclusion

Park Districts welcome participation in all programs by individuals with disabilities and special needs. The district works cooperatively with LWSRA to facilitate successful participation for individuals who request an inclusion aide. Inclusion services give participants the needed support in a typical park district setting.

**LEARN MORE AT [WWW.LWSRA.ORG](http://WWW.LWSRA.ORG)**



(815) 320-3500  
[support@lwsra.org](mailto:support@lwsra.org)



1900 Heather Glen Drive  
New Lenox, IL 60451



Saturday, September 17 2-8 pm

Wine Fest is back! Your ticket includes entry to the Round Barn Farm Wine Festival where you will enjoy eight 1-oz wine tastings, live Music by Midlife Crisis from 4-8 pm, and food trucks with a variety of food for sale. Tickets include a souvenir wine glass.

\$25 in advance, \$30 at the gate

For more information, see page 14 and visit [manhattanparkfoundation.org](http://manhattanparkfoundation.org)



## JOIN THE FUN AT THE DEN!

The Den is a safe and engaging before and after school program for children grades K-5 to enjoy games, crafts, social interaction and homework time at the Hansen Community Center. See page 1 for details.

Register online at [manhattanparks.org/theden](http://manhattanparks.org/theden) or call 815.478.3324.